



# Liver Injury Induced by the Interaction Between Fluoxetine and Celecoxib: A Case Report and the Literature Review

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## Abstract

**Introduction:** Fluoxetine is used commonly as an antidepressant and celecoxib is widely used for pain relief and reducing inflammation in various chronic conditions. Both of them can cause liver injury, but it is a rare adverse reaction of their interactions. Here we report a case of liver injury possibly induced by fluoxetine and celecoxib in a female patient.

**Case Presentation:** A 55-year-old woman who was given fluoxetine for three months and celecoxib for seven days was transferred to the Department of Emergency, the first affiliated hospital of Jilin University, Changchun, China, on March 2019, with icterus on the skin, dark brown urine and pain in the upper abdomen. Alanine aminotransferase (ALT) and Aspartate aminotransferase (AST) levels were elevated. According to follow-up examination, liver injury and cholecystitis were diagnosed. After discontinuing the two drugs and starting symptomatic treatment, her ALT and AST levels returned to normal.

**Conclusions:** The mechanism of liver injury induced by fluoxetine and celecoxib remains unclear. Inhibitors and substrates of CYP2D6, CYP2C9, CYP3A4, and CYP2C19 might participate in this situation. The interaction between fluoxetine and celecoxib, as well as other inhibitors and substrates with similar metabolic pathways, are noteworthy.

**Keywords:** Adverse Drug Reactions, Alanine Transaminase, Aspartate Aminotransferases, CYP2C19 Protein, Celecoxib, China, Fluoxetine, Human, Injury, Liver

## 1. Introduction

Fluoxetine is a selective inhibitor of neuronal serotonin uptake carrier, it can inhibit the reuptake of serotonin by the serotonin reuptake transporter, thereby enhancing and prolonging the serotonin signaling (1). Fluoxetine is used commonly as an antidepressant but it is also indicated for other psychiatric disorders such as obsessive-compulsive disorder or bulimia nervosa (2). Though fluoxetine is well tolerated by most patients, it still can produce a series of side effects of different degrees, such as neurological problems (dizziness, headache, sleeplessness, depression, thrilliness), digestive system problems (nausea, emesis, diarrhea and constipation), palpitation, leukopenia, sex disorder, bipolar affective disorder, low serum sodium, and organ failure (liver, renal) in rare cases (3, 4).

Celecoxib is a nonsteroidal anti-inflammatory drug (NSAID) which can selectively inhibit cyclooxygenase-2 (COX-2) and prevent the converting of arachidonic acid to prostaglandin precursors. It is widely used for pain relief

and reducing inflammation in various chronic conditions such as osteoarthritis, rheumatoid arthritis, and ankylosing spondylitis (5). Although celecoxib is usually a well-tolerated drug, it is not harmless. It has several side effects such as thrombocytopenia, renal side effects, gastrointestinal bleeding, ulceration, and perforation (6, 7).

Though liver injury induced by fluoxetine (Table 1) or celecoxib (Table 2) has been reported, there are no reports on liver injury caused by their interaction, so this report can be used to warn and guide the clinical use of fluoxetine and celecoxib. Accordingly, we report a case of liver injury caused by both fluoxetine and celecoxib in an adult female.

## 2. Case Presentation

A 55-year-old woman was sent to the Department of emergency, the first affiliated hospital of Jilin University, Changchun, China presented with icterus on the skin, dark-brown colored urine and upper abdominal pain in March 2019 (Figure 1). She was recently diagnosed with de-

**Table 1.** Clinical Characteristics of Fluoxetine-Related Liver Injury

Author	Age, y/Sex	Country/City	Diagnosis	Clinical Characteristics	ALT, IU/L	Therapy	Prognosis
Johnston and Wheeler (8)	35/M	America/Albuquerque	Chronic hepatitis	Fatigue	156	Discontinued	Normal
Agrawal et al. (9)	41/F	America/Chicago	DILI	Jaundice	1613	Discontinued	Normal
Cai et al. (10)	39/M	America/Marshfield	Acute hepatitis	Sharp pain in the right upper quadrant of abdomen, jaundice	272	Discontinued	Normal
Cai et al. (10)	45/F	America/Marshfield	Acute hepatitis	Severe pain in the right upper quadrant of abdomen, anorexia, jaundice	641	Discontinued	Normal

Abbreviations: DILI, Idiosyncratic drug-induced liver injury; F, female; M, male.

**Table 2.** Clinical Characteristics of Celecoxib-Related Liver Injury

Author	Age, y/sex	Country/City	Diagnosis	Clinical Characteristics	ALT, IU/L	Therapy	Prognosis
Grieco et al. (11)	41/M	Rome/Italy	Cholestatic hepatitis	Stomach pains, nausea, discomfort, itching, jaundice, dark urine, pale feces	234	Discontinued	Normal
Nachimuthu et al. (6)	67/F	USA/New York	Acute hepatocellular and cholestatic liver injury	Severe right upper abdominal pain, nausea, vomiting, icterus, and loss of appetite	603	Discontinued	Normal
Galan et al. (12)	55/F	USA/Royal Oak	Cholestatic hepatitis	Jaundice, malaise, and pruritic rash	261.9	Discontinued	Normal
Alegria et al. (13)	49/M	Portugal/Carnaxide	chronic hepatic disease	Jaundice, fatigue, and choluria	49	Discontinued	Normal
El Hajj et al. (14)	55/F	United States /Pittsburgh	DILI	Tired, anorexia, intense itching and dark brown urine	258	Discontinued	Underwent orthotopic liver transplantation
O'Beirne et al. (15)	54/F	United Kingdom /Brighton	Cholestatic hepatitis	Pruritus, dark urine	232	Discontinued	Normal
Nayudu et al. (16)	34/F	USA/Bronx	DILI	Epigastric abdominal pain, nausea	458	Discontinued	Normal
Larrey et al. (17)	74/F	France/Nice	cholestatic hepatitis	Acute jaundice, nausea, asthenic, abdominal pain	189	Discontinued	Died

Abbreviations: DILI, Idiosyncratic drug-induced liver injury; F, female; M, male.

pression and was prescribed fluoxetine hydrochloride capsules (20 mg per day) by her psychiatrist. She had taken it for 3-months. In addition, the patient had been diagnosed with osteoarthritis for 3-years and took celecoxib capsules when a pain attack. Lately, she got ache of double knee and had celecoxib capsules (200 mg per day) for 7-days. She denied any history of jaundice, alcoholism, smoking or drug use. On the 5th day of celecoxib treatment, red-dish urine occurred. Two days later, her urine became dark brown ("coke") and she complained of severe pain in the upper abdomen. General examination revealed jaundice in the skin and sclera, but without rash. Her blood pres-

sure was 135/85 mmHg and axillary temperature was 36.7°C. Liver injury and cholecystitis were diagnosed. Laboratory results showed significant damage to the liver (Table 3). Computed tomography (CT) of the abdomen showed gall-stones and cholecystitis. The drugs were discontinued due to the alleged liver injury caused by fluoxetine and celecoxib. Symptomatic therapy was given, including hepatoprotection and analgesics. On the 3rd day of the admission, she showed decreased abdominal pain but still had jaundice. On the 7th day after the admission, her jaundice subsided. On the 14th day after the admission, her jaundice was absent and some of her laboratory tests returned to

the normal range (Table 3). Then she was discharged.



Figure 1. The patient is doing an examination

### 3. Discussion

To the best of our knowledge, this is the first case of liver injury caused by the interactions of fluoxetine and celecoxib. Our patient did not have viral hepatitis or any other liver diseases. She had taken celecoxib intermittently for 3-years and well-tolerated had taken fluoxetine 3-months with normal liver function and there were no other adverse reactions. When the two drugs were taken together, she developed signs and symptoms of liver injury. Her symptoms and signs were absent within several days after discontinuation of both drugs, and liver function tests went back to the baseline two weeks later. Because of the close association between the application of both drugs and jaundice, we suspected that her liver injury was induced by fluoxetine and celecoxib since we had excluded other factors or drugs that may cause liver injury. On the Naranjo algorithm of adverse drug reaction (ADR) probability, our case scored 6 that indicated a probable ADR (18).

The mechanism of fluoxetine and celecoxib by which caused liver injury remains unclear. There are a few assumptions. First, adverse reactions are caused by host-dependent idiosyncratic reactions or dose-dependent internal reactions. Idiosyncratic reaction is the most common type and is mediated by immune mechanisms or

drug metabolism abnormalities (6). Second, fluoxetine and its principal metabolite norfluoxetine (NOR) are strong inhibitors of CYP2D6, and fluoxetine is a strong inhibitor of CYP2C19, whereas NOR is a moderately strong inhibitor of CYP3A4 in vitro and in vivo (19, 20). Some studies supported that CYP2C9 appears to be the principal enzyme mediating fluoxetine N-demethylation (19). Similarly, celecoxib is metabolized by CYP2C9, CYP2D6, and CYP3A4 (21), both experimental data and molecular modeling results clearly support that celecoxib is a substrate of CYP2D6 (7). These two drugs have similar metabolic pathways; it is possible that fluoxetine inhibits the metabolism of celecoxib, leading to an increase in plasma concentrations of celecoxib. The increased concentration of celecoxib may increase the risk of liver injury. Third, according to CYP Allele Nomenclature Database, there are four different distinct phenotypic groups: poor metabolizers, intermediate metabolizers, extensive metabolizers, and ultra-rapid metabolizers (22). CYP2D6\*10, which reduces CYP2D6 activity, is more than 50% frequent in Chinese who are usually intermediate metabolizers (23). This genotype is characterized by its conversion of 188 C to T in exon 1, resulting in the replacement of proline 34 for serine and an unstable and less active enzyme (24). The major CYP2C19 functional alleles associated with a poorly metabolized phenotype are CYP2C19\*2 and CYP2C19\*3, which the latter is only found in Asian populations. CYP3A4\*18 reduces the enzymatic activities and is the most common allele of CYP3A4 gene during Chinese with a frequency of 1% (21). CYP2C9\*13 also can significantly decrease CYP2C9 activities but has been found in Chinese with extremely low frequency (25). Maybe this patient has hepatic enzyme deficiency cause higher plasma concentrations and clinical toxicities of therapeutic doses. Forth, the long half-life time of both fluoxetine and NOR, however, can cause pharmacological interactions with celecoxib, since plasma levels can be high even several weeks after discontinuation of the therapy. The inhibitive role may last for a long time after stopping fluoxetine since its long half-life (8 days) and NOR (19.3 days) (26).

In sum, liver injury is still a rare adverse reaction from the interactions of fluoxetine and celecoxib. It is important for clinicians to pay great attention to liver injury resulting from the combination of fluoxetine and celecoxib, or combinations of other inhibitors and substrates of similar metabolic pathways.

### Footnotes

**Conflict of Interests:** The authors declare that they have no conflict of interests.

**Table 3.** Clinical Data of the Patient After the Admission

Date	ALT, U/L	AST, U/L	DBIL, $\mu\text{mol/L}$	TBIL, $\mu\text{mol/L}$	GGT, U/L	URO	BLD
Day 1	536.81	342.53	38.89	55.47	472.19	2+	1+
Day 6	334.75	183.42	16.2	26.7	353.2	1+	1+
Day 12	143	35	5.8	16.4	209	-	-

Abbreviations: ALT, alanine aminotransferase (9 - 50 U/L); AST, aspartate aminotransferase (15 - 40 U/L); DBIL, direct bilirubin (0 - 6.2  $\mu\text{mol/L}$ ); TBIL, total bilirubin (3.4 - 17.1  $\mu\text{mol/L}$ ); GGT, glutamyl aminopeptidase (10 - 60 U/L); URO, urobilinogen; BLD, urine occult blood.

**Ethical Considerations:** The study followed the tenets of the Declaration of Helsinki, and informed consent was obtained from the patient.

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